



CAROL HARRIS STAFFING, LLC

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CORONAVIRUS PREPAREDNESS

Carol Harris Staffing Human Relations, Safety and Management have been in discussions regarding the coronavirus currently in the news. Carol Harris Staffing is following the guidelines as set forth by the CDC (Center for Disease Control). Please review the recommended strategies.

Below is an excerpt from the CDC website and more specific information can be found at their website www.cdc.gov. In addition, this information will be posted on the Carol Harris Staffing website. Carol Harris Staffing will continue to follow the CDC recommendations as they are updated.

THE CDC notes that there is currently no vaccine to prevent coronavirus disease 2019 (COVID-19). The best way to prevent illness is to avoid being exposed to this virus. However, as a reminder, CDC always recommends everyday preventive actions to help prevent the spread of respiratory diseases, including:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Follow CDC's recommendations for using a facemask.
 - CDC does not recommend that people who are well wear a facemask to protect themselves from respiratory diseases, including COVID-19.
 - Facemasks should be used by people who show symptoms of COVID-19 to help prevent the spread of the disease to others.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
 - If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.

For information about handwashing, see [CDC's Handwashing](#) website

For information specific to healthcare, see [CDC's Hand Hygiene in Healthcare Settings](#)

These are everyday habits that can help prevent the spread of several viruses.

Thank you and please contact the Safety Director, Tanya Sylvester, at tsylvester@chstaffing.com with further questions or comments.

Sincerely,

Carol Harris Staffing